



JUNG KO TAEKWONDO ACADEMY

"A black belt is just a white belt who never gave up!"

180 Steeles Ave West Unit 200, Thornhill ON L4J2L1

www.jungko.com



Get In Touch!









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JUNG KO TAEKWONDO SCHEDULE

ONLINE	
MON/TUE/THU/FRI	SAT/SUN
Private Lessons Call to Book	
5:00-5:40 ALL AGES White to Blue St 	
BREAK	
5:50-6:30 PM ALL AGES Blue - Black 	

IN CLASS			
MONDAY- FRIDAY		SATURDAY	SUNDAY
GYM A	GYM B	GYM A	GYM B
9:00 am -4:00 pm Private Lessons Call to Book		9:00 am -12:00 pm Private Lessons Call to Book	
3:30 - 4:00 TINY TIGER TOTS (3-5 yrs) All Belts			
CLEANING		CLEANING	
4:10-4:50 PM JUNIORS White-Yellow 		12:00-12:40 PM TOTS + JUNIORS White to Yellow 	
CLEANING		CLEANING	
5:00-5:40 PM JUNIORS Green St - Red St 		12:50-1:30 PM TOTS + JUNIORS Green St to Black 	12:50-1:30 PM BOXING *Black Belt Only 
(WED - SPARRING)		(SPARRING)	(SPARRING)
CLEANING		CLEANING	
5:50-6:30 PM JUNIORS Red - Black 		1:40-2:20 PM JUNIORS & ADULTS Taekwondo & Fitness All Belts	
(WED - SPARRING)		(SPARRING)	
CLEANING		CLEANING	
6:40-7:20 PM JUNIORS Red - Black 	6:40-7:20 PM JUNIORS White-Yellow 	3:00 - 8:00 PM Private Lessons Call to book	
CLEANING			
7:30-8:20 PM TEENS/ADULTS (14 Years +) All Belts			
(WED - SPARRING)			

* Tot classes (3-5 yrs) are 30 mins
Private Classes \$50/45min

GYM A Maximum 25 Students/class, GYM B Maximum 15 students/class
Advanced booking is mandatory .Effective Oct 1st 2021. Subject to change



- ▶ All students, parents and visitors are required to wear a mask when entering the building and in the lobby.
- ▶ Jung Ko Taekwondo recommends to continue wearing your mask inside the gym when taking a class.
- ▶ Grip Socks or Indoor Shoes MANDATORY
+ Water bottle recommended



Customer Reviews

Are you enjoying classes?

Please consider writing us a review on Google or Facebook! @JungKoTaekwondo